

# Canteen' s Weekly Menu

星期一 Monday 9月25日	
<b>中餐</b>	油爆虾 Quick-Fried Shrimp 美式烤鸡 Roasted Chicken, American Style 芥菜烩山药 Braised Chinese Yam with Shepherd' s Purse 清炒油麦菜 Plain-Fried Leaf Lettuce 小排萝卜汤 Turnip & Spare Rib Soup
<b>特色餐</b>	卤肉饭 Rice with Stewed Pork 咖喱鸡肉饭 Rice with Curry Chicken 奶油培根蘑菇意面 Braised Pasta with Cream, Mushroom & Bacon 炒乌冬面 Stir-Fried Udon Noodles 素食餐 vegetarian
<b>快餐</b>	牛肉汉堡 Beefburger 照烧鸡腿汉堡 Grilled Chicken Leg Burger 意大利腊肠披萨 Pepperoni Pizza 鸡肉披萨 Chicken Pizza 蚝油牛肉面 Beef Noodles with Oyster Sauce
星期二 Tuesday 9月26日	
<b>主菜</b>	椰香咖喱鸡 Chicken curry 红烧狮子头 Stewed Pork Ball in Brown Sauce 蚝油双菇肉片 Oyster mixed mushroom with pork 清炒生菜 Stir-Fried Lettuce 西湖牛肉羹 Minced Beef and Tofu Soup
<b>特色餐</b>	卤肉饭 Rice with Stewed Pork 咖喱鸡肉饭 Rice with Curry Chicken 奶油培根蘑菇意面 Braised Pasta with Cream, Mushroom & Bacon 炒乌冬面 Stir-Fried Udon Noodles 素食餐 vegetarian
<b>快餐</b>	牛肉汉堡 Beefburger 照烧鸡腿汉堡 Grilled Chicken Leg Burger 意大利腊肠披萨 Pepperoni Pizza 鸡肉披萨 Chicken Pizza 红烧大排面 Noodles with Braised Pork Chop
星期三 Wednesday 9月27日	
<b>主菜</b>	香煎龙利鱼 Pan-Fried Sole Fish 蓝莓果香鸭腿 Blueberry-Flavored Grilled Duck Leg 家常豆腐 Sauteed Tofu Home style 香菇青菜 Stir-Fried Black Mushroom & Vegetable 番茄鸡蛋汤 Tomato & Egg Soup
<b>特色餐</b>	卤肉饭 Rice with Stewed Pork 咖喱鸡肉饭 Rice with Curry Chicken 奶油培根蘑菇意面 Braised Pasta with Cream, Mushroom & Bacon 炒乌冬面 Stir-Fried Udon Noodles 素食餐 vegetarian
<b>餐快</b>	牛肉汉堡 Beefburger 照烧鸡腿汉堡 Grilled Chicken Leg Burger

意大利腊肠披萨 Pepperoni Pizza 鸡肉披萨 Chicken Pizza  
 红烧鸡腿面 Noodles with Braised Chicken Leg

**星期四 Thursday 9月28日**

主菜

蒜香排骨 Deep-Fried Spare Ribs with Minced Garlic and Spiced Salt  
 黄焖牛肉 Braised beef with mushroom  
 番茄鸡蛋 Sauteed tomato with egg  
 蒜泥空心菜 Water Spinach with Minced Garlic  
 咸肉冬瓜汤 Salted Pork & White Gourd Soup

特色餐

卤肉饭 Rice with Stewed Pork 咖喱鸡肉饭 Rice with Curry Chicken  
 奶油培根蘑菇意面 Braised Pasta with Cream, Mushroom & Bacon  
 炒乌冬面 Stir-Fried Udon Noodles  
 素食餐 vegetarian

快餐

牛肉汉堡 Beefburger 照烧鸡腿汉堡 Grilled Chicken Leg Burger  
 意大利腊肠披萨 Pepperoni Pizza 鸡肉披萨 Chicken Pizza  
 八宝肉丁面 Noodles with Diced Pork

**星期五 Friday 9月29日**

主菜

菠萝咕咾肉 Sweet & Sour Pork with Pineapple  
 芝士蒜泥焗扇贝 Cheese mashed garlic steamed scallops  
 干锅茶树菇 Griddle Cooked Tea Tree Mushrooms  
 清炒杭白菜 Plain-Fried Chinese Cabbage  
 海带排骨汤 Kelp & Spare Rib Soup

特色餐

卤肉饭 Rice with Stewed Pork 咖喱鸡肉饭 Rice with Curry Chicken  
 奶油培根蘑菇意面 Braised Pasta with Cream, Mushroom & Bacon  
 炒乌冬面 Stir-Fried Udon Noodles  
 素食餐 vegetarian

快餐

牛肉汉堡 Beefburger 照烧鸡腿汉堡 Grilled Chicken Leg Burger  
 意大利腊肠披萨 Pepperoni Pizza 鸡肉披萨 Chicken Pizza  
 红烧大肉面 Noodles with Braised Pork