

Canteen's Weekly Menu

星期一 Monday 11月20日	
中餐	奥尔良烤鸡翅 New Orleans Roast Wing 咖喱牛肉 Fried Beef with Curry 番茄鸡蛋 Tomato scrambled eggs 清炒广东菜心 Plain-Fried Guangdong Cabbage 玉米小排汤 Corn & Spare Rib Soup
特色餐	卤肉饭 Rice with Stewed Pork 咖喱鸡肉饭 Rice with Curry Chicken 热辣培根鸡肉面 Spaghetti with Hot Bacon & Chicken 日式乌冬面 Stir-Fried Udon Noodles 素食餐 vegetarian
快餐	牛肉汉堡 Beefburger 照烧鸡腿汉堡 Grilled Chicken Leg Burger 意大利腊肠披萨 Pepperoni Pizza 鸡肉披萨 Chicken Pizza 鱼香肉丝面 Noodles with Fish-Flavored Shredded Pork
星期二 Tuesday 11月21日	
主菜	上海炸猪排 Deep-Fried Pork Chop, Shanghai Style 韩式炒鱿鱼 Stir-Fried Squid, Korean Style 美式杂炒 Stir-Fried Assorted Dish, American Style 杭白菜面筋 Sauteed green vegetable with oil gluten 番茄鸡蛋汤 Tomato and egg soup
特色餐	卤肉饭 Rice with Stewed Pork 咖喱鸡肉饭 Rice with Curry Chicken 热辣培根鸡肉面 Spaghetti with Hot Bacon & Chicken 日式乌冬面 Stir-Fried Udon Noodles 素食餐 vegetarian
快餐	牛肉汉堡 Beefburger 照烧鸡腿汉堡 Grilled Chicken Leg Burger 意大利腊肠披萨 Pepperoni Pizza 鸡肉披萨 Chicken Pizza 蚝油牛肉面 Beef Noodles with Oyster Sauce
星期三 Wednesday 11月22日	
主菜	香煎鸡扒 Pan-Fried Chicken Steak 梅干菜红烧肉 Braised Pork with Pickled Vegetables 莴笋炒鸡蛋 Stir-Fried Egg with Asparagus Lettuce 香菇青菜 Stir-Fried Black Mushroom & Vegetable 黄豆猪手汤 Soybean & Pig's Knuckle Soup
特色餐	卤肉饭 Rice with Stewed Pork 咖喱鸡肉饭 Rice with Curry Chicken 热辣培根鸡肉面 Spaghetti with Hot Bacon & Chicken 日式乌冬面 Stir-Fried Udon Noodles 素食餐 vegetarian
餐快	牛肉汉堡 Beefburger 照烧鸡腿汉堡 Grilled Chicken Leg Burger

意大利腊肠披萨 Pepperoni Pizza 鸡肉披萨 Chicken Pizza
宫保鸡丁面 Noodles with Diced Chicken

星期四 Thursday 11月23日

主菜

香煎白金枪鱼 Pan-Fried White Tuna
糖醋排条 Stewed Pork Rib with Sugar & Vinegar
干锅花菜肉片 Griddle-Cooked Cauliflower & Shredded Pork
清炒菠菜 Plain-Fried Spinach
三鲜汤 Three-Delicacy Soup

特色餐

卤肉饭 Rice with Stewed Pork 咖喱鸡肉饭 Rice with Curry Chicken
热辣培根鸡肉面 Spaghetti with Hot Bacon & Chicken
日式乌冬面 Stir-Fried Udon Noodles
素食餐 vegetarian

快餐

牛肉汉堡 Beefburger 照烧鸡腿汉堡 Grilled Chicken Leg Burger
意大利腊肠披萨 Pepperoni Pizza 鸡肉披萨 Chicken Pizza
红烧鸡腿面 Noodles with Braised Chicken Leg

星期五 Friday 11月24日

主菜

天妇罗大虾 Tempura Prawn
台式三杯鸡 Stewed Chicken with Three Cups of Sauce, Taiwan Style
荷兰豆藕片 Stir-Fried Sweet Broad Pea with Sliced Lotus Root
青椒土豆丝 Sauteed potato with green pepper
紫菜蛋花汤 Seaweed and egg soup

特色餐

卤肉饭 Rice with Stewed Pork 咖喱鸡肉饭 Rice with Curry Chicken
热辣培根鸡肉面 Spaghetti with Hot Bacon & Chicken
日式乌冬面 Stir-Fried Udon Noodles
素食餐 vegetarian

快餐

牛肉汉堡 Beefburger 照烧鸡腿汉堡 Grilled Chicken Leg Burger
意大利腊肠披萨 Pepperoni Pizza 鸡肉披萨 Chicken Pizza
红烧大排面 Noodles with Braised Pork Chop