

# Canteen's Weekly Menu

星期一 Monday 2月26日	
<b>中餐</b>	奥尔良烤鸡翅 New Orleans Roast Wing 咖喱牛腩 Fried Beef with Curry 番茄鸡蛋 Tomato scrambled eggs 青菜香菇 Stir-Fried Black Mushroom & Vegetable 小排萝卜汤 Turnip & Spare Rib Soup
<b>特色餐</b>	卤肉饭 Rice with Stewed Pork 炒乌冬面 Stir-Fried Udon Noodles 咖喱鸡肉饭 Rice with Curry Chicken 奶油蘑菇培根意面 Braised Pasta with Cream, Mushroom & Bacon
<b>快餐</b>	牛肉汉堡 Beefburger      照烧鸡腿汉堡 Grilled Chicken Leg Burger 意大利腊肠披萨 Pepperoni Pizza      鸡肉披萨 Chicken Pizza 鱼香肉丝面 Noodles with Fish-Flavored Shredded Pork
星期二 Tuesday 2月27日	
<b>主菜</b>	干烧明虾 Dry-Braised Large Prawns 糖醋排骨 Stewed Pork Rib with Sugar & Vinegar 手撕包菜 Shredded Cabbages 蚝油生菜 Stir-Fried Lettuce with Oyster Sauce 番茄鸡蛋汤 Tomato & Egg Soup
<b>特色餐</b>	卤肉饭 Rice with Stewed Pork 炒乌冬面 Stir-Fried Udon Noodles 咖喱鸡肉饭 Rice with Curry Chicken 奶油蘑菇培根意面 Braised Pasta with Cream, Mushroom & Bacon
<b>快餐</b>	牛肉汉堡 Beefburger      照烧鸡腿汉堡 Grilled Chicken Leg Burger 意大利腊肠披萨 Pepperoni Pizza      鸡肉披萨 Chicken Pizza 红烧鸡腿面 Noodles with Braised Chicken Leg
星期三 Wednesday 2月28日	
<b>主菜</b>	本帮酱鸭 Braised Duck with Soy Sauce, Shanghai Style 香煎龙利鱼 Pan-Fried Sole Fish 芹菜干丝肉丝 Stir-Fried Shredded Pork with Celery & Smoked Bean Curd 清炒油麦菜 Plain-Fried Leaf Lettuce 香菇鸡汤 Chicken Soup with Mushrooms
<b>特色餐</b>	卤肉饭 Rice with Stewed Pork 炒乌冬面 Stir-Fried Udon Noodles 咖喱鸡肉饭 Rice with Curry Chicken 奶油蘑菇培根意面 Braised Pasta with Cream, Mushroom & Bacon
<b>餐快</b>	牛肉汉堡 Beefburger      照烧鸡腿汉堡 Grilled Chicken Leg Burger

意大利腊肠披萨 Pepperoni Pizza 鸡肉披萨 Chicken Pizza  
 红烧大排面 Noodles with Braised Pork Chop

**星期四 Thursday 3月01日**

主菜

梅干菜红烧肉 Braised Pork with Pickled Vegetables  
 葱油鸡 Chicken with Scallion & Oil  
 油焖笋 Braised Bamboo Shoots with Oil  
 清炒广东菜心 Plain-Fried Guangdong Cabbage  
 玉米排骨汤 Corn & Spare Rib Soup

特色餐

卤肉饭 Rice with Stewed Pork  
 炒乌冬面 Stir-Fried Udon Noodles  
 咖喱鸡肉饭 Rice with Curry Chicken  
 奶油蘑菇培根意面 Braised Pasta with Cream, Mushroom & Bacon

快餐

牛肉汉堡 Beefburger 照烧鸡腿汉堡 Grilled Chicken Leg Burger  
 意大利腊肠披萨 Pepperoni Pizza 鸡肉披萨 Chicken Pizza  
 红烧牛肉面 Noodles with Braised Beef

**星期五 Friday 3月02日**

主菜

干煎带鱼 Pan-Fried Hairtail  
 彩椒牛肉 Sauteed beef with mixed pepper  
 莴笋炒蛋 Stir-Fried Egg with Asparagus Lettuce  
 清炒菠菜 Plain-Fried Spinach  
 紫菜虾皮汤

特色餐

卤肉饭 Rice with Stewed Pork  
 炒乌冬面 Stir-Fried Udon Noodles  
 咖喱鸡肉饭 Rice with Curry Chicken  
 奶油蘑菇培根意面 Braised Pasta with Cream, Mushroom & Bacon

快餐

牛肉汉堡 Beefburger 照烧鸡腿汉堡 Grilled Chicken Leg Burger  
 意大利腊肠披萨 Pepperoni Pizza 鸡肉披萨 Chicken Pizza  
 八宝肉丁面 Noodles with Diced Pork