

# Canteen's Weekly Menu

星期一 Monday 3月26日	
<b>中餐</b>	芦笋虾球 Stir-Fried Shrimp Balls with Asparagus 奥尔良烤鸡翅 New Orleans Roast Wing 家常豆腐 Sauteed Tofu Home style 香菇青菜 Stir-Fried Black Mushroom & Vegetable 番茄鸡蛋汤 Tomato and egg soup
<b>特色餐</b>	芝士焗饭 Braised Rice with Cheese 红烧牛肉饭 Rice with Braised Beef 韩式炒年糕 Korean-Style Fried Rice Cake 奶油蘑菇意面 Braised Pasta with Cream, Mushroom & Bacon
<b>快餐</b>	牛肉汉堡 Beefburger      照烧鸡腿汉堡 Grilled Chicken Leg Burger 意大利腊肠披萨 Pepperoni Pizza      鸡肉披萨 Chicken Pizza 云南米线 Yunnan rice noodle
星期二 Tuesday 3月27日	
<b>主菜</b>	五香牛肉 Spiced Beef 金陵盐水鸭 Salty duck Nan Jing style 刀豆土豆 Sauteed cowpea with potato 清炒菠菜 Plain-Fried Spinach 玉米排骨汤 Corn & Spare Rib Soup
<b>特色餐</b>	芝士焗饭 Braised Rice with Cheese 红烧牛肉饭 Rice with Braised Beef 韩式炒年糕 Korean-Style Fried Rice Cake 奶油蘑菇意面 Braised Pasta with Cream, Mushroom & Bacon
<b>快餐</b>	牛肉汉堡 Beefburger      照烧鸡腿汉堡 Grilled Chicken Leg Burger 意大利腊肠披萨 Pepperoni Pizza      鸡肉披萨 Chicken Pizza 云南米线 Yunnan rice noodle
星期三 Wednesday 3月28日	
<b>主菜</b>	蒜香骨 Deep-Fried Spare Ribs with Minced Garlic and Spiced Salt 台式三杯鸡 Stewed Chicken with Three Cups of Sauce, Taiwan Style 青椒毛豆肉丝 Sauteed green pepper with bean and pork 清炒油麦菜 Plain-Fried Leaf Lettuce 冬瓜小排汤 Pork Rib & White Gourd Soup
<b>特色餐</b>	芝士焗饭 Braised Rice with Cheese 红烧牛肉饭 Rice with Braised Beef 韩式炒年糕 Korean-Style Fried Rice Cake 奶油蘑菇意面 Braised Pasta with Cream, Mushroom & Bacon
<b>餐快</b>	牛肉汉堡 Beefburger      照烧鸡腿汉堡 Grilled Chicken Leg Burger

	意大利腊肠披萨 Pepperoni Pizza 鸡肉披萨 Chicken Pizza 云南米线 Yunnan rice noodle
<b>星期四 Thursday 3月29日</b>	
<b>主菜</b>	彩椒目鱼 Stir-Fried Flatfish with Color Peppers
	上海炸猪排 Deep-Fried Pork Chop, Shanghai Style 番茄鸡蛋 Scrambled eggs with tomato 芹菜香干 Stir-Fried Shredded Pork with Celery & Smoked Bean Curd 小排萝卜汤 Turnip & Spare Rib Soup
<b>特色餐</b>	芝士焗饭 Braised Rice with Cheese 红烧牛肉饭 Rice with Braised Beef 韩式炒年糕 Korean-Style Fried Rice Cake 奶油蘑菇意面 Braised Pasta with Cream, Mushroom & Bacon
	牛肉汉堡 Beefburger 照烧鸡腿汉堡 Grilled Chicken Leg Burger 意大利腊肠披萨 Pepperoni Pizza 鸡肉披萨 Chicken Pizza 云南米线 Yunnan rice noodle
<b>星期五 Friday 3月30日</b>	
<b>主菜</b>	黑椒牛柳 Fillet Steak with Black Pepper Sauce 雪菜蒸龙利鱼 Steamed Flounder with Potherb Mustard
	山药黑木耳肉片 Stir-Fried Sliced Pork with Chinese Yam & Black Fungus 蚝油生菜 Stir-Fried Lettuce with Oyster Sauce 紫菜蛋花汤 Seaweed and egg soup
<b>特色餐</b>	芝士焗饭 Braised Rice with Cheese 红烧牛肉饭 Rice with Braised Beef 韩式炒年糕 Korean-Style Fried Rice Cake 奶油蘑菇意面 Braised Pasta with Cream, Mushroom & Bacon
	牛肉汉堡 Beefburger 照烧鸡腿汉堡 Grilled Chicken Leg Burger 意大利腊肠披萨 Pepperoni Pizza 鸡肉披萨 Chicken Pizza 云南米线 Yunnan rice noodle