

Canteen' s Weekly Menu

星期一 Monday 4月23日	
中餐	椒盐排条 Deep-fried Spare Ribs with Spicy Salt 沙茶牛肉 Sliced Beef in Satay Sauce
	青椒茭白肉丝 Stir-Fried Shredded Pork with Green Pepper & Wild Rice Shoot 杭白菜面筋 Sauteed green vegetable with oil gluten 番茄鸡蛋汤 Tomato and egg soup
特色餐	咖喱鸡肉饭 Rice with Curry Chicken 奶油蘑菇意面 Braised Pasta with Cream, Mushroom & Bacon 韩式拌饭 Korean-Style Mixed Rice 海鲜芝士焗通心粉 Baked Macaroni with Seafood & Cheese
快餐	牛肉汉堡 Beefburger 照烧鸡腿汉堡 Grilled Chicken Leg Burger 意大利腊肠披萨 Pepperoni Pizza 鸡肉披萨 Chicken Pizza 红烧鸡腿面 Noodles with Braised Chicken Leg
星期二 Tuesday 4月24日	
中餐	金陵盐水鸭 Salty duck Nan Jing style 西芹腰果虾仁 Stir-Fried Shrimp Meat with Celeries & Cashew Nuts 蚝油双菇肉片 Oyster mixed mushroom with pork 清炒米苋 Sauteed green vegetable 虾皮冬瓜汤 winter melon and dry shrimp soup
特色餐	咖喱鸡肉饭 Rice with Curry Chicken 奶油蘑菇意面 Braised Pasta with Cream, Mushroom & Bacon
	韩式拌饭 Korean-Style Mixed Rice 海鲜芝士焗通心粉 Baked Macaroni with Seafood & Cheese
快餐	牛肉汉堡 Beefburger 照烧鸡腿汉堡 Grilled Chicken Leg Burger 意大利腊肠披萨 Pepperoni Pizza 鸡肉披萨 Chicken Pizza 红烧狮子头面 Noodles with Braised Pork Chop
星期三 Wednesday 4月25日	
中餐	本帮红烧肉 Braised Pork in Brown Sauce, Shanghai Style 香煎三文鱼 Grilled Salmon
	刀豆土豆 Sauteed cowpea with potato 蚝油生菜 Stir-Fried Lettuce with Oyster Sauce 三鲜汤 Three-Delicacy Soup
特色餐	咖喱鸡肉饭 Rice with Curry Chicken 奶油蘑菇意面 Braised Pasta with Cream, Mushroom & Bacon 韩式拌饭 Korean-Style Mixed Rice 海鲜芝士焗通心粉 Baked Macaroni with Seafood & Cheese
餐 快	牛肉汉堡 Beefburger 照烧鸡腿汉堡 Grilled Chicken Leg Burger

	意大利腊肠披萨 Pepperoni Pizza 鸡肉披萨 Chicken Pizza 红烧牛肉面 Noodles with Braised Beef
星期四 Thursday 4 月 26 日	
中餐	黄焖鸡 Braised Chicken with Brown Sauce 油爆虾 Quick-Fried Shrimp 卷心菜粉丝 Glass noodles with Cabbage 清炒油麦菜 Plain-Fried Leaf Lettuce 排骨山药汤 Chinese Yam & Spare Rib Soup
特色餐	咖喱鸡肉饭 Rice with Curry Chicken 奶油蘑菇意面 Braised Pasta with Cream, Mushroom & Bacon
	韩式拌饭 Korean-Style Mixed Rice 海鲜芝士焗通心粉 Baked Macaroni with Seafood & Cheese
快餐	牛肉汉堡 Beefburger 照烧鸡腿汉堡 Grilled Chicken Leg Burger 意大利腊肠披萨 Pepperoni Pizza 鸡肉披萨 Chicken Pizza 红烧大排面 Noodles with Braised Pork Chop
星期五 Friday 4 月 27 日	
中餐	日式炸鸡翅 Deep-Fried Chicken Wing, Japanese Style 香芋蒸排骨 Stewed Spare Ribs with Taros
	莴笋炒蛋 Stir-Fried Egg with Asparagus Lettuce 清炒菠菜 Plain-Fried Spinach 小排萝卜汤 Turnip & Spare Rib Soup
特色餐	咖喱鸡肉饭 Rice with Curry Chicken 奶油蘑菇意面 Braised Pasta with Cream, Mushroom & Bacon
	韩式拌饭 Korean-Style Mixed Rice 海鲜芝士焗通心粉 Baked Macaroni with Seafood & Cheese
快餐	牛肉汉堡 Beefburger 照烧鸡腿汉堡 Grilled Chicken Leg Burger 意大利腊肠披萨 Pepperoni Pizza 鸡肉披萨 Chicken Pizza 五香牛肉面 Noodles with Spiced Beef